

Alderman White School

Curriculum Information

Year Group: 7 Subject: Food

Objectives	To be able to identify hazards in the kitchen and room safety.
	To discover a range of chopping skills and to identify how enzymic browning takes
	place.
	Introduction of the hob and how to develop a warm vegetable salad.
	To know the reason why raising agents are used and their effects pupils to use the oven for the first time.
Autumn or Spring	Introduce Technology and Food. Hazard Kitchen tasks. Room rules.
or Summer Term	
	Demonstration - fruit salad - emphasise sensory qualities - colour, shape, enzymic
	browning, safe equipment use including knife skills.
	Make a fruit salad. Short evaluation on record card.
	Ideas for vegetable salads - discuss and issue with recipe sheet
	Make a Vegetable salad. Introduce safe use of the hob. Reinforce knife skills and use of small equipment. Photo & evaluate.
	Scones demonstration and experiment to show the effects of raising agents. Taste
	and evaluate.
	Make scones. Scone developments e.g. pinwheels (mini- pizzas, rock cakes etcrecipe sheet)
How is progress	Progress is measured from Technology EDSM making levels. Pupils take a photo of
measured?	practical work and identify different skills, techniques that they have learnt and
	pupils evaluate what went well or not so well at the end of the lesson showing how they can improve.
Extending	Homework consists of measuring out ingredients and prepping for the following
Learning at home	lesson.
Support Available	There is Technician support available in each lesson.
Useful web	
addresses	