

Alderman White School

Curriculum Information

Year Group: Year 7

Subject: Physical Education

Objectives	In Key Stage 3 PE, students will study a range of activities allowing them to develop Sport specific skills in addition to gaining an understanding of Fitness, Health & Wellbeing.
Autumn Term	Students will study a variety of team activities such as Football, Rugby, Netball, Basketball, Hockey. *due to activity rotations these may occur in other terms
Spring Term	Students will study a variety of individual Sports such as Gymnastics, Fitness, Dance, Badminton. *due to activity rotations these may occur in other terms
Summer Term	Students will study a variety of 'summer activities' such as Athletics, Cricket, Rounders, Softball/Baseball
How is progress measured?	Progress is measured through timely assessments undertaken by their class teacher. In addition to this students are expected to self and peer assess against the PE national curriculum criteria outlined in their assessment books.
Extending Learning at home	Students are encouraged to participate and observe structured or unstructured Physical Activity outside of school.
Support Available	Year 7 extra-curricular clubs are offered throughout the year on termly rotations. Teams compete in a variety of competitions against other schools in the Broxtowe and South Nottinghamshire area.
Useful web addresses	