



# Newsletter

The White Hills Park Trust

Issue 246- 1st May 2020

## Working with others and strengthening partnerships

As a Trust, one of our key guiding principles has always been that we work in generous collaboration with others. We can benefit from the expertise and skill of colleagues in other schools and organisations, but we also believe that we have much to offer to others as well. As long as all parties behave ethically and work in the interest of the public good, then collaboration can only be helpful.

During the current crisis, this has been emphasised more than ever. We have strengthened existing partnerships and forged new ones as we've responded to the extraordinary circumstances in which we have found ourselves.

A perfect example of this has been the way that we have worked with our partner primary schools. At an early stage, we closed the sites of both Bramcote College and Alderman White. This meant that we could support the lockdown by reducing the number of people travelling in to work, and thereby putting themselves and others potentially at risk. We were only able to do this because of the fact that our primary schools agreed to accommodate the small number of students who still needed to come into school. We are hugely grateful to them for working together in this way.

As we now begin to consider strategies for the gradual easing of restrictions, which may include steps towards the re-opening of schools, we will continue to work together to share capacity where necessary. We know that transition to Year 7 will look very different this year, given the restrictions, so we will work with primary schools to provide as seamless a transition programme as possible.

We have also worked very closely with the Local Authority over the last few weeks. As an Academy Trust, our day to day interaction with Nottinghamshire LA is limited. However, these are extraordinary times and the priorities of the Local Authority – to make sure that all pupils, especially vulnerable pupils, are safe and receiving an education and to enable schools to do our bit to contribute to the effort that society as a whole is making – are exactly the same as our own priorities. We continue to work closely with officers from the LA to co-ordinate our strategy across the area and have been grateful for their support and expertise.

Finally, we have developed a strong and enduring relationship with Hope Nottingham, who have provided food deliveries to many of our families over the last few weeks. The government has now set up a voucher scheme which we are accessing on behalf of the students who are entitled to free school meals, but at the start of the closure period this was not available and we had to make sure that we could put something in place as quickly as possible so that families did not go without. Hope's response was magnificent, and I know it has been appreciated by many families. We know they do remarkable work all year round in our local community, and when this crisis is over, we will continue to support them in this work.

*Paul Heery*  
Chief Executive Officer

## Follow us Online



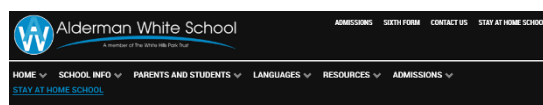
Alderman White School  
Bramcote College  
Bramcote College Sixth Form



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BramcoteCollegeSixthForm



Alderman White:  
'Stay at Home School'

### Alderman White Stay at Home School

Please see the menu to the right (at the bottom on a phone) for useful links, resources and communications from school.

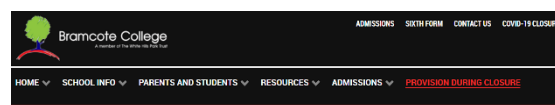
From Monday 23rd March until further notice, the school site will be closed at the direction of the government, as a key part of the social distancing strategy to reduce the spread of COVID-19.

Please DO NOT arrive at the site unless by prior arrangement as you will not be allowed on site. If you need to make contact with school, email the school office on [white@whpttrust.org](mailto:white@whpttrust.org) and we will reply by email or phone call.

This is a massive adjustment for us all to make very suddenly. We will now operate our Stay at Home School model until we are asked to reopen our site by the government. At the minute, there is no indication of the timescale for this, although the cancellation of exams implies that it is likely to extend into the summer term.

- Stay At Home School Info
- Home Learning Poster
- 5 Ways to Wellbeing at Home
- Supporting Children with Learning Difficulties
- Stay At Home School Diary
- Stay At Home School Diary - Instructions
- Accessing Your Files: OneDrive
- Accessing Go 4 Schools
- Using Google Classroom

Bramcote College:  
Information and  
Resources



Please see below for key information during this period of school closure.

Scroll down or use the links below to jump to a specific section:

- Contacting Us
- Keyworker Information
- Key Stage 3 Resources and Things to Do
- Key Stage 4 Resources and Things to Do
- Key Stage 5 Information
- Guides, Instructions and Resources
- Safeguarding
- Online Safety
- Letters and Communications to Parents

See our [Exams page](#) for information regarding the cancellation of examinations this summer.

## Duke of Edinburgh's Award

Due to the current restrictions surrounding Covid-19 and the uncertainty of what social distancing measures may be in place even when we return to school, there will be changes to planned expeditions.

Whilst we continue to work hard to reschedule our DofE expeditions, we are able to refund you any balance paid over and above the registration and log book cost of £40.

In order to process the refund, please email [finance@whptrust.org](mailto:finance@whptrust.org) including the information as below:

Subject Line: DoE Refund

In body of email:

Name of Student and Form

Activity: DoE

Bank Account Name

Bank Account Number: xxxxxxxx (8-digit account number)

Bank Sort Code: xx-xx-xx

### Bramcote College

We are working closely with our outside provider to plan expeditions in the next academic year. We will publish dates as soon as possible.

We will of course follow the Government and DfE guidance at all times and keep you informed if the situation changes and we are able to proceed with our plans for September.



BRAMCOTE  
COLLEGE

### Skills, Physical, Volunteering sections

If you can continue with these sections, then please do. If you would like to change one of your sections to something you can do while you are off, you can make changes on edofe. If you update your new physical activity – PE with Joe Wicks, skill – online sign language course or even volunteering – you could be looking after someone who is self-isolating, by shopping for them. Please upload photo evidence onto your account and keep a detailed log on your log book.

If you complete a section, your assessor can fill in an online report found here: <https://edofe.org/Assessor>, all they will need is your dofe number. Please remember that people in your family cannot be counted as assessors.

Please feel to contact me at [david.ramsden@whptrust.org](mailto:david.ramsden@whptrust.org) if you would like to discuss this matter further, or if we can help your son/daughter to continue working on their DofE whilst they are not in school.

**Mr D Ramsden**

### Alderman White School

#### Bronze Award

We have decided to postpone the Bronze practice and qualifying expeditions until the 2021 season.



ALDERMAN WHITE  
SCHOOL

#### Silver paddling expeditions

If it is safe to do so (and at this stage we are not even certain that the DfE will allow schools to run residential by this point), we would like to provisionally plan for the Silver training, practice and qualifying expeditions all to take place in September. Please see provisional dates below:

Training days: Tuesday 1st September, Wednesday 2nd September 2020.

Practice expedition and route planning: Saturday 5th, Sunday 6th and Monday 7th September 2020.

Qualifying expedition and route planning: Sunday 20th, Monday 21st and Tuesday 22nd September 2020.

Parents will receive our power point presentation via email nearer the time as an alternative to our expedition information evening.

We will of course follow the Government and DfE guidance at all times and keep you informed if the situation changes and we are unable to proceed with our plans for September. In this instance we would then look to postponing until June 2021.

As the expedition season starts in earnest in the middle of the exam period we would run the Silver paddling training and expeditions in June at the end of the exam period, so as not to impede revision and the exam timetable.

Please feel to contact us at [dofe@whptrust.org](mailto:dofe@whptrust.org) if you would like to discuss this matter further, or if we can help your son/daughter to continue working on their DofE whilst they are not in school.

**Miss A McLoughlin & Mrs S Orchard-Robson**



ALDERMAN WHITE  
SCHOOL

# Gold Duke of Edinburgh Award



BRAMCOTE  
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While you are currently off you can use some of the exercise , skills, volunteering you may be doing to count towards your Gold award. You can back date any completed weeks by 2 months when you have registered. There are some great opportunities online - sign language courses for £3, coding and finance courses. All you need to do is an hour a week for each section.

This award is for both Alderman White and Bramcote College pupils in Year 11, 12 or 13. As soon as you have had your 16<sup>th</sup> birthday, you are able to register for the Duke of Edinburgh's Gold Award Scheme. You do not need to have completed this award before.

- You can register for as little as £29, through registration you will receive your DofE logbook, DofE discount card giving your 10% off at selected retailers and your online eDofE account. You can then start your volunteering, skills and physical sections.
- For the Gold Award you will need attend a residential. The NCS (National citizenship scheme), offers this through local universities at a great discounted price.
- **You do not need to go to Bramcote College to take part in this award. You can just register.**
- **You will have until your 25<sup>th</sup> birthday to complete your award.**
- The dofe website is a good place to find out more information: [www.dofe.org](http://www.dofe.org)

If you would like any more information or you would like to register, please contact Mr Ramsden at [david.ramsden@whptrust.org](mailto:david.ramsden@whptrust.org)

## 5 Parenting Tips on how you can get your child moving

The great news is that exercise comes in many forms and can be a lot of fun, meaning that your child doesn't realise that they are exercising! With a bit of creativity you can add some fun physical activity to your daily routine:

**Lead the way** - set a good example. Children will follow your lead so make sure that you are looking after your own health, eating well and making exercise part of your daily routine.

**Do it together** - go for walks or set up an exercise circuit in the garden and do it with your child. YouTube is a plentiful source of rich physical activity ideas that you can all do from your living room together.

**Make it fun** - Put on some music and dance. Play tag. Basically just play. If you're laughing and joking with them it will increase their engagement. Yours and their heart rate will increase without you even realising it!

**Cheer them on** - Create positive reinforcements with encouragement and support. This will increase their self confidence meaning they will have more motivation to go off and exercise on their own. Help them to find the sports and exercise methods that makes them tick.

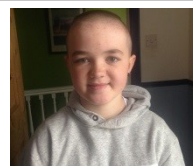
**Turn it off** - You need to limit the amount of time your children are watching TV or are on devices. But make sure you do it in a positive way. If they are angry that they have had to stop playing their favourite online game, then they might not want to go out for a walk with you. Allow screen time in designated hours, perhaps after home learning and exercise have been completed.

Adding more physical activity to the daily family routine will ultimately mean a happier healthier household! You will be modelling a healthy lifestyle and instilling lifelong healthy habits and attitudes!

Miss A Kilbane

## Well done Billy!

7ARN at Alderman White School are immensely proud of Billy Burniston, who has so far raised an astonishing £1020 pounds for NHS Charities Together. Billy said he was in desperate need of a hair cut and decided he would like to raise money for the wonderful NHS so decided he would hold a sponsored head shave. On 18th April the deed was done! Well done Billy!



Mrs E Ferris

## 'Climbing Snowdon' for Hope Foodbank

Gabriel Cross, in Year 7 at Alderman White School, is climbing the equivalent of Mount Snowdon on Saturday 2nd May to raise money for Hope Foodbank, which means he will be climbing upstairs 297 times to get to the summit.

He is aiming to fundraise £500 for the foodbank. If anyone would like to support Gabriel in his fundraising he has a just giving page here: <https://www.justgiving.com/crowdfunding/gabriel-cross-1>

Lizzy Gilliland

"Poetry is by definition consoling," because "it often asks us just to focus and think and be contemplative." These are wise words by our Poet Laureate Simon Armitage, having recently written a poem: "Lockdown."

For several weeks, Bramcote College's English Department have been running a poetry competition with Year 11 students. There are some great short-listed poems [on our website](#), along with Armitage's latest poem. The competition really challenged students to be creative with poetry about a topic of their choice. Our winner is Maya Dad who has devised an extremely clever and thought provoking poem (below) about our current climate, while offering hope to us all. Fantastic effort Maya! We will look out for you as Poet Laureate in the future.



**Mrs E Lee**

### 'Suffering'

The winning poem from our Year 11 competition:

#### Suffering

I can't bring order to the chaos in my mind,  
A light source within is always difficult to find.

Sometimes we get this empty feeling,  
But this could just be the process of healing.

No one sees the suffering within,

Nor do I know where to begin.

We feel as if we are so alone,

And realize our world has been overthrown

But...

Never feel demoralized by where you are now,

Realize your strength and take a bow.

Eventually the struggles will disappear,

And the burdens will burn so they're no longer severe.

Patience will bring you so much prosperity,

But will only pay off if you look at life with sincerity.

Please remember that you're meant to be here,

There is nothing in this life that you should ever fear.

Everything is temporary.

**By Maya Dad**

### How to survive lockdown

Away from poetry, Year 11 were asked to write an opening paragraph: How to survive lockdown. Here's one we were sent:

Please be aware that there is no easy way out of this. You are going to experience some shocking things that may well change the way you think. You'll be in complete chaos for several weeks and nobody knows when it will end. All men and women will have to adapt to their new and unsympathetic environment. Your new life will be a trial, which you will need to overcome. There are several conditions that you may contract on the frontlines. A new form of PTSD has been discovered to occur from constant bickering between siblings. Unavoidable eye rolling and sighing has been said to be caught through long term exposure to chores. The list goes on and I'm afraid you will suffer many of the illnesses that this new battleground holds. They have been categorised as 'family' and I'm afraid there is no cure. Good luck soldier, I'll see you on the other side.

**MM, Year 11**

### 'After Lockdown'

An extra poem submitted by Mrs Noades, put together by three students in other year groups.

#### After Lockdown

We'll go camping with our friends,  
when the lockdown finally ends.

We'll party the night away  
and never forget about today.

There'll be a trip to the pub  
where we'll fill ourselves with grub,  
There'll be a night away from home  
and we'll never be alone.

We all will dye our hair  
to hide the roots growing there.  
Then we'll bus it into town  
to see what's going down.

We're gonna get a manicure,  
We're gonna get a pedicure,  
We're gonna dance among the trees  
until we fall down to our knees.

The final clap on Thursday night  
to show that we have won this fight  
will bring our hearts and streets together,  
to praise the people who made us better.

We'll get back on the roads and trains  
but we'll think about how Earth remains  
much healthier than it was before -  
and all because we stayed indoors.

Our hearts go out to all the losses and  
the pain of making difficult choices.  
But we'll scream and laugh and raise our voices...

We can finally stand with Earth again.



## Practical Science

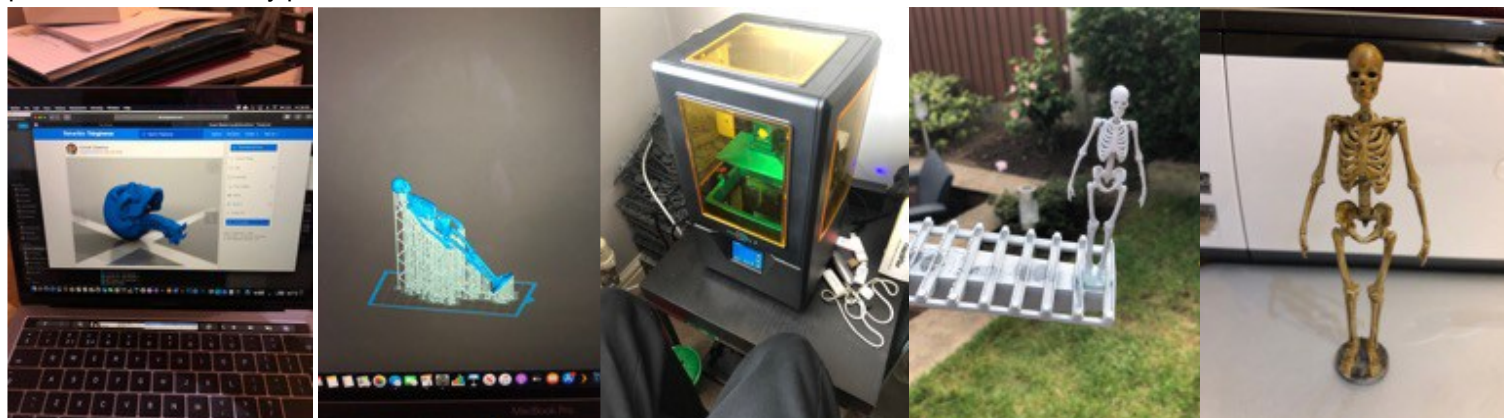
We know you have been given plenty of Science work to do by your teachers at both Bramcote College and Alderman White, but you might be missing the practical side of your lessons.

Google have an app called Science Journal. This app helps you to use a mobile phone as a data logger. You can record your ideas and observations in the Journal and it also has links to suggested experiments that you can carry out using the tools in the app. Get investigating and share your findings with us.

For other science experiments, The [James Dyson Foundation](#) have created challenge cards for students to investigate science concepts. Most of them can be done at home without any specialised equipment.

Students at Bramcote College and Alderman White are all completing work on the topic of Space and may find the [interactive talks by the Institute of Astronomy at Cambridge](#) very informative. They do a live talk aimed at children every Tuesday. Some of the most recent talks have been about Black holes, The Birth of the Universe and the Life of Stars. All of these talks can still be accessed, but the live ones enable you to satisfy your curiosity by asking questions in real time.

In other science news, we've been sent a piece of work from a Year 7 student at Bramcote College showing how he has 3D printed and realistically painted his own 3D model of a human skeleton! Fantastic!

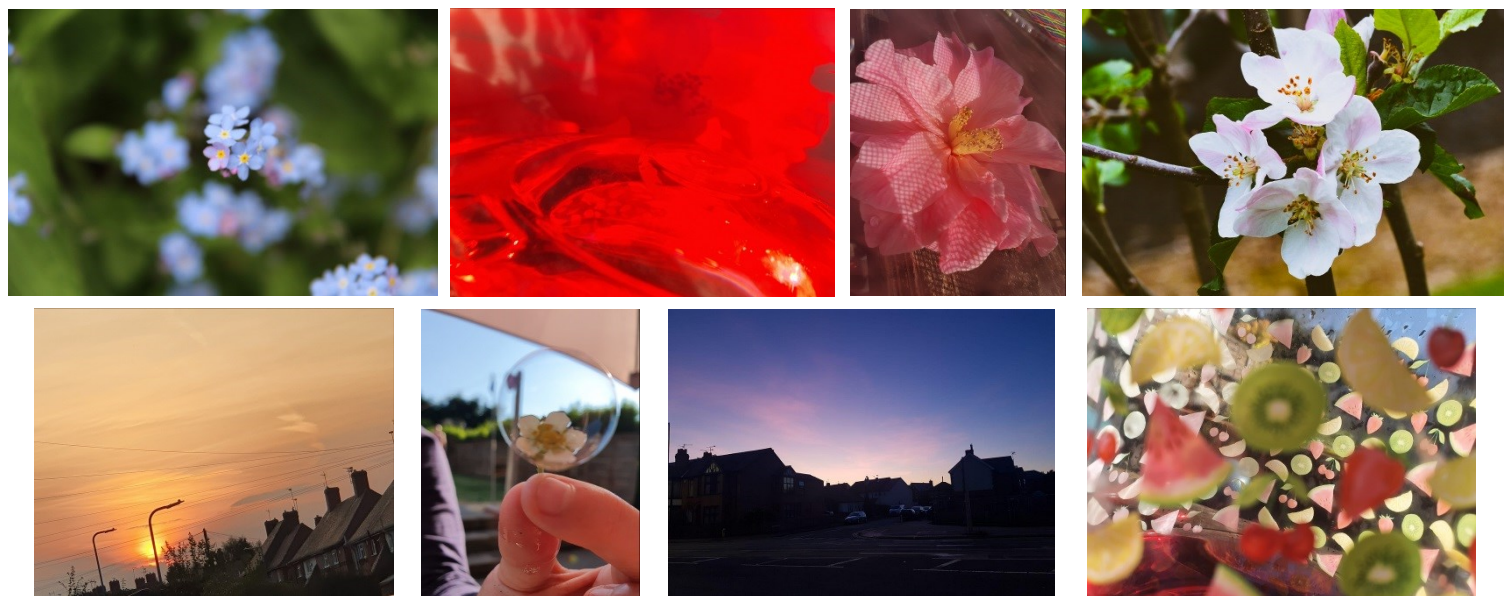


Mrs A Pascual

## Warmest April on record

Bramcote College's Year 10 photographers have been at it again; these amazing shots making the most of the beautiful spring weather capture all the colours and beauty of the world around us.

Miss J Cooper



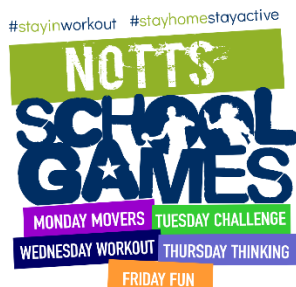
## BBC 'Own It' Keyboard and App

**OWN IT** So, you've got your first phone. You're probably spending much more time online now, using your phone to chat to friends and family and even doing your schoolwork. The Own It app will help you to make smart choices, feel more confident and get advice when you need it. [More information here on the BBC Website.](#)

Mr S Morton

## Wellbeing & Activity

The opportunities below are currently available to all young people in Broxtowe. We hope that they will help you to have fun and stay active! Please do let us know if you see any great ideas, or if you have any feedback.



### Notts School Games At Home

- [1 minute video here](#)
- Weekly activity schedule
- Daily task cards
- Additional social media challenges
- Compete as part of a virtual school team
- Win prizes for you and your school

[www.broxtoweactiveschools.co.uk/nottsschoolgames](http://www.broxtoweactiveschools.co.uk/nottsschoolgames)



### National Active Championships

- [Short video here](#)
- Achieve your personal best
- Opportunity to compete against others
- Access via a secure app
- Win prizes

[www.yourschoolgames.com/coronavirus-support/school-games-active-championships](http://www.yourschoolgames.com/coronavirus-support/school-games-active-championships)



### Leadership & Volunteering Academy

- [1 minute video here](#)
- Have fun, develop skills, gain experiences, make a difference
- No need to like sport, various opportunities available
- Organising, coaching, officiating, presenting, ambassadors, more...
- Applications now open

[www.broxtoweactiveschools.co.uk/volunteer](http://www.broxtoweactiveschools.co.uk/volunteer)



### Resources and Ideas

- Hopefully everyone is managing to get out and be active for at least an hour a day
- We've compiled some resources to help add some additional activity at home

[www.broxtoweactiveschools.co.uk/resources](http://www.broxtoweactiveschools.co.uk/resources)



We'd love to hear any ideas you have, or if you've taken on any of our challenges:

#broxtoweactive

#broxtowechallenge

#stayinworkout